





























Menu Item	Allergens													
														
	Celery	Cereals with Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustards	Peanuts	Nuts from Trees	Sesame	Soybeans	Sulphur D02/Sulphites
Fries/Chips		MC												
Rocket, Parmesan Balsamic							✓							
Mini Caesar Salad		✓					✓							
Mashed Potato							✓							
Focaccia Bread		✓												
Sticky Toffee Pudding		✓					✓							
Baked Crème Brulé		✓					✓							
Chocolate Fondant		X✓		X			X				MC			
Lemon Pannacotta							✓							
Cheese & Biscuits		✓					✓							
Marshfield Ice Creams							✓							

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- Our busy kitchens endeavour to take all reasonable steps to avoid any risk of cross contamination however we cannot guarantee that our food is 100% free from a specific allergen

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Soup of the Day		BR ✓												
Duo of Pate		BR X					✓							
Pan Roasted Mushrooms		BR ✓					✓							
Smoked Haddock Fishcake		✓			✓		✓							
Avocado & Prawn Cocktail			X		DNC ✓									
Dirty Fries							✓							
Darwin's Ploughman's		✓		✓			✓							
Ricotta Flatbread		✓					✓							
Fried Chicken		✓		DNC ✓			✓							















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BR - CHANGED ON REQUEST
 DNC - DOES NOT CONTAIN















X - UPDATE



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Beer Battered Fish		BR ✓		MC ✓	✓									
Breaded Scampi		✓	X	DNC ✓	DNG ✓									
Chip Shop Croquettes		✓												
Gammon				✓										
Pan Seared Chicken							✓							
Seared Seabass					✓									
8ox Rump Steak							✓							
Cauliflower Steak		BR ✓												
Mature Cheddar Omelette				✓			✓							
George's All Day Breakfast		✓		✓										
Butternut Squash Wellington		✓												















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Bacon, Brie & Cranberry		BR ✓					✓							
Fish Fingers, Tartare Sauce		✓			✓									
Beef & Horseradish		BR ✓												
Ham & Mustard		BR ✓							✓					
Cheese & Tomato		BR ✓					✓							
Avocado & Cherry Tomato		BR ✓												
George Club		BR ✓		✓			✓							
Steak Panini		✓					✓							
Tuna Panini		✓			✓		✓							















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Mature Cheddar Jacket Potato		DNC ✓					✓							
Homemade Chilli Jacket Potato		DNC ✓			DNG ✓									
Baked Beans Jacket Potato		DNC ✓												
Prawn Marie Rose Jacket Potato		DNC ✓	X						✓					
Avocado & Cherry Tomato Salsa Jacket Potato		✓ DNC					✓ DNC							
Margherita Pizza		✓					✓							
Meat Feast Pizza		✓					✓							
Pulled Pork Pizza		✓					✓							
The George Pizza		✓					✓							
Garlic Pizza		✓					✓							

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Pasta Carbonara		✓					✓							
Creamy Smoked Salmon		✓			X		✓							
George's Beef Lasagne		✓					✓							
Chicken Caesar		BR ✓		X			✓							
Feta Cheese							✓							
Roasted Squash	DNC ✓													
Hoisin Duck												✓	✓	
Beef Patty Burger		✓					✓							
Cajun Chicken Burger		✓					✓							
Buttermilk 'chicken' Burger		✓												

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